

Red Lodge Public Schools



Community & Adult Education

2015 Spring Courses

- Register Early! Class size limits!
- Registration deadline Thursday, September 25th.
- Classes begin Monday, February 26, 2015
- Classes held at Roosevelt Middle School (413 S. Oakes) unless otherwise noted.
- Minimum class enrollment of 4 students (registration refunded if class is cancelled.)
- Mail/Drop-off registration form and payment to Red Lodge Middle School.
- Call Kandy Aleksich for more information: 406-425-0855.

Red Lodge Public Schools Adult Education Class Registration Form

Mail or Deliver Form & Payment to:

Red Lodge Public Schools
413 South Oakes
PO Box 1090
Red Lodge, MT 59068

Cost: \$15 per person per class.
Separate supply cost is paid to
instructor (as indicated in
course description).

**Please make checks payable to
Red Lodge Schools.**

Class(es) of Interest:

Name:

Mailing Address:

Email:

Phone:

Make Your Own Books

Description: Students will be introduced to a number of creative bookbinding techniques including pamphlet stitch, Japanese stab binding and Coptic stitch binding. Students will complete three books of various sizes using decorative papers and supplies that are provided.

Dates	Weekday/Time	Instructor	Location	Supply Fee
Mar 3, 10, 17, 24, 31 April 7	Tues 7-9pm	Laura Bailey	Roosevelt Middle School 413 S. Oakes	\$15

Quilting

Description: Join us to make a cute quilted spring flower table topper or wall hanging. The class is in the Quilt Lodge's classroom. Kits for the project are available for \$37.50 or your own fabric can be used. Basic sewing supplies and a sewing machine in good working order are needed for the class.

Dates	Weekday/Time	Instructor	Location	Supply Fee
Mar 6, 13, 20, 27, April 3, 10	Fri 10am-12pm	Gina Farnum	Old Roosevelt School Quilt Lodge	\$37.50

Butterflies, Blossoms and Bags

Description: In this class, you will learn new rubber stamping techniques and use new products to make gorgeous greeting cards focusing on butterflies, flowers (blossoms), and gift bags. Each class will have 3 complete projects.

Dates	Weekday/Time	Instructor	Location	Supply Fee
Mar 10, 17, 24	Tues 7-8:30pm	Cheri Davey	Roosevelt Middle School 413 S. Oakes	\$8.00

Note Card Gift Set

Description: Using a variety of techniques and tools, each student will create a set of 5 monogrammed note cards, 6 greeting, birthday and/or thank you cards, 1 bottle hang tag, and a decorated box for giving or storing your handmade creations. Two sessions offered below.

Dates	Weekday/Time	Instructor	Location	Supply Fee
Mar 4, 11, 18, 25	Weds 5:30-7:30pm	Mary Cameron	Roosevelt Middle School 413 S. Oakes	\$10.00

Dates	Weekday/Time	Instructor	Location	Supply Fee
Mar 7, 14, 21, 28	Sat 10am-12pm	Mary Cameron	Roosevelt Middle School 413 S. Oakes	\$10.00

Nia

Description: Nia's philosophy is through movement we find health. Nia fitness is based on the idea that exercise should feel good inside and out. Nia is a cardio dance group fitness class that incorporates martial arts, dance arts and healing arts. Nia is generally practiced barefoot. Through non-impact choreography and listening to the intelligence of the body's design, Nia delivers a holistic fitness experience. Every class is tailored and adapted to individual needs and abilities.

Dates	Weekday/ Time	Instructor	Location	Supply Fee
Mar 5, 12, 19, 26, April 2, 9	Thurs. 6pm	Samantha Thomas	Old Roosevelt School	None

Reiki Level I

Description: Reiki is a Japanese relaxation technique used to facilitate healing. This 2-day class will introduce you to the practice of Reiki and will be led by certified Reiki Master-Teacher Joyce Phillips. You will receive your Reiki Level I certification.

Dates	Weekday/Time	Instructor	Location	Supply Fee
Mar 30, 31	Mon, Tues 6-9pm	Joyce Phillips	Roosevelt Middle School 413 S. Oakes	None

Vinyasa Yoga

Description: All levels yoga! From beginner to advanced create an evening routine of yoga to help your strength, gain flexibility, relax your body, soothe your soul and calm your mind! You will learn what yoga entails through experiencing asana, pranayama and meditation.

Dates	Weekday/Time	Instructor	Location	Supply Fee
Mar 4, 11, 19, 25, Apr 1, 8	Weds. 7-8pm	Summer Peterson	Old Roosevelt School Mountain Town Yoga	\$15

Meditation

Description: Guided group meditation will be led by Joyce Phillips who has been teaching mediation classes for over a decade. Each of the 4 sessions are independent of each other and will allow time for silent contemplation within the voice led journey to inner peace.

Dates	Weekday/Time	Instructor	Location	Supply Fee
Mar 19, 23, 25, 26	12pm, Mar 19 & 26 5:15pm, Mar 23 & 25	Joyce Phillips	Roosevelt Middle School 413 S. Oakes	None

Grow Your Own Sprouts

Description: Grow sprouts in any season, in any weather, on your kitchen counter. Equipment needed: Quart glass jars (wide mouth canning jars or recycled glass); Clean rubber bands; Window screen to cover the mouth of the jar or lids designed for sprouting. Supplies: Seeds of choice for sprouting. Suggested - alfalfa, broccoli, radish, mung bean, lentil, chives. Some supplies will be available for purchase at the first class.

Dates	Weekday/Time	Instructor	Location	Supply Fee
Mar 4, 11, 18, 25,	Weds 6pm	Marty Claque	Roosevelt Middle School 413 S. Oakes	None

Fly Fishing for Beginners and Intermediates

Description: This class is for beginners and intermediate fly fishers. The focus will be on fundamentals of fly fishing for trout and will include discussions on equipment, basic casting, fly selection and trout behavior for our western rivers. Course description: The course will consist of two, 2 hour classroom sessions; the last two classes will be in the field as casting clinics with student hands-on experience.

Dates	Weekday/Time	Instructor	Location	Supply Fee
Classroom Mar 10, 17 Field Class TBD	Tues 6:30-8:30pm Field TBD	Rand Herzberg	Roosevelt Middle School 413 S. Oakes	None

Festival of Nations Dance

Description: Come dance with us! No experience necessary. Learn Festival of Nations style dancing. Age restrictions are 12 to 90 years. Partners not necessary. Shoes with hard soles recommended.

Dates	Weekday/Time	Instructor	Location	Supply Fee
Mar 4, 11, 15, 18, Apr 1	Weds. 7-8:30pm	Bob Holmen	Roosevelt Middle School 413 S. Oakes	None

Intro to Flying First Step To Pilots License

Description: Explore what it takes to get a pilot's license with members of the Red Lodge Flying Club. By course end, you'll understand why a plane stays in the air, how weather affects flight, and how navigating to distant places occurs. You'll tour the Billings control tower and enjoy a flight in one of the club's planes.

Dates	Weekday/Time	Instructor	Location	Supply Fee
Mar 3, 10, 17, 24, 31, April 7	Tues 6:30-8:30pm	Dick Nolan	Roosevelt Middle School 413 S. Oakes	\$140

Beginning Guitar

Description: An Adult Ed class for anyone who has ever said, "I really wish I would have learned guitar." Now is your chance! We will cover basics needed to start playing songs...easier than you think. Required materials: you guessed it...a guitar.

Dates	Weekday/Time	Instructor	Location	Supply Fee
Mar 2, 4, 9, 11, 16, 18	Mon and Weds 6-8pm	Dan Upton	Roosevelt Middle School 413 S. Oakes	None

NRA Basic Pistol Shooting Course

Description:

This course includes 3 classroom sessions and 1 range session learning to shoot revolvers and semi-automatic pistols. Students learn NRA's rules for safe gun handling; pistol parts and operation; ammunition; shooting fundamentals; range rules; shooting from the bench rest position, and two handed standing positions; cleaning the pistol. Students will receive the NRA Guide to the Basics of Pistol Shooting handbook, take an examination and receive a course completion certificate. Bring unloaded firearm to class room; firearm not required to participate in class, gun rental available. Successful completion of course (attendance of all sessions required) meets firearms safety training requirements of Montana concealed weapons permit law. Students can also qualify for a Utah Concealed Carry Permit for an additional \$25 and attending one additional class session.

Dates	Weekday/ Time	Instructor	Location	Supply Fee
Mar 11, 13, 15, 16	See Dates 6-9pm	Rod Bastian	The Bunk House 320 S Broadway	\$30+ Ammunition

How to do Anything! With Search Engines

Description:

This class is designed to develop thinking skills needed to search for and find information on the web. Learn the best search engine, and how to customize searches to display relevant information.

Dates	Weekday/ Time	Instructor	Location	Supply Fee
Mar 4, 11, 18	Weds 7-8pm	Jeremiah Newell	Roosevelt Middle School 413 S. Oakes	None

NRA Basic Personal Protection In the Home Course

Description:

This course includes 3 classroom sessions and 1 range session. Students will learn basic defensive shooting skills, strategies for home safety, how to avoid a criminal attack and responding to a violent confrontation, firearms and the law, how to choose a handgun for self-defense. Students will receive the NRA Guide to the Basics of Personal Protection in the Home handbook, take an examination and receive a course completion certificate. Successful completion of course (attendance of all sessions required) meets firearms safety training requirements of Montana concealed weapons permit law. Class limited to 10 people, student must have a NRA Basic Pistol Course Certificate or NRA FIRST Steps Course Certificate). Bring unloaded firearm to class. Firearm not required to participate in class, gun rental available.

Dates	Weekday/Time	Instructor	Location	Supply Fee
April 22, 24, 26, 27	See Dates 6-9pm	Rod Bastian	The Bunk House 320 S Broadway	\$30+ Ammunition

Intermediate Guitar

Description:

Chord theory, playing leads and licks. Learn how to use barre chords to advance playing and play up and down the neck of the guitar. Those signing up for this class should already have some basic chords down and be able to play basic songs.

Dates	Weekday/Time	Instructor	Location	Supply Fee
April 6, 8, 13, 15, 20, 22	Mon and Weds 6-8pm	Dan Upton	Roosevelt Middle School 413 S. Oakes	None

PC Computer Foundations

Description: Learn about Windows and how to use it to access the Internet. Word processing, email, and photos will be explored, also a crash course in malware prevention.

Dates	Weekday/Time	Instructor	Location	Supply Fee
Mar 3, 10, 17, 24	Tues 7-8pm	Jeremiah Newell	Roosevelt Middle School 413 S. Oakes	None

Mac Basics

Description: Learn about the Mac Operating System and using it to access the Internet. Word processing, email, and photos will be explored as well, along with a tour of social media.

Dates	Weekday/Time	Instructor	Location	Supply Fee
Mar 5, 12, 19, 26	Thurs 7-8pm	Jeremiah Newell	Roosevelt Middle School 413 S. Oakes	None

Tablet Therapy

Description: iPads or Androids, here is a time and place we will discuss our woes with these devices. Learn tips to help you use your tablet, and share or learn about quality apps to make your life easier. Bring a few questions!

Dates	Weekday/Time	Instructor	Location	Supply Fee
Mar 2, 9, 16, 23	Mon 7-8pm	Jeremiah Newell	Roosevelt Middle School 413 S. Oakes	None

Beginning Furniture Refinishing

Description:

Make that shabby antique into a beautiful, finished piece of furniture! Bring a notepad, a small sized project and your questions for the first evening. Mark will determine what your project needs are to complete the job. He will cover how to buy a piece, how to break it down without destroying it stripping techniques, prep work for refinishing, the gluing process and the actual refinishing techniques and supplies. Call Mark directly if you have questions. 406-598-8768. Two courses offered below.

Dates	Weekday/Time	Instructor	Location	Supply Fee
Mar 2, 9, 16, 23, 30, April 6,	Mon. 6-8pm	Mark Smith	Roosevelt Middle School 413 S. Oakes	Dependent upon project

Advanced Furniture Repair and Restoration

Description:

This class deals with the more difficult problems like veneer repair, making and replace missing parts, repairing badly damaged parts, how to deal with damaged or missing carved pieces, and how to repair or replace broken turnings. Beginning Furniture Repair pre-requisite.

Dates	Weekday/Time	Instructor	Location	Supply Fee
Mar 3, 10, 17, 24, 31 April 7	Tues. 6-8pm	Mark Smith	Roosevelt Middle School 413 S. Oakes	None



**Are you interested in
teaching an
Adult Education
Course?**

*Teaching opportunities
occur Spring and Fall.*

Please contact Kandy Aleksich
at 406-446-0855
for details.